
Rachel Lynn White, MSN, AGNP-C

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Licenses, Certifications, & Memberships

Colorado State Board of Nursing **Nurse Practitioner (APN.0999101-NP)** Expiration date: September 2025

Colorado State Board of Nursing **Registered Nurse (RN.1631756)** Expiration Date: September 2025

American Heart Association **ACLS, BLS Certified** Expiration Date: March 2025

Professional Work Experience

Kidney Associates of Colorado

Denver, CO

Nephrology Nurse Practitioner

March 2024-Present

Focus on chronic kidney diseases as well as acute renal dysfunction in the acute care setting

- Assesses, diagnoses, and treats renal disorders in the clinic setting, at dialysis units, at inpatient rehab facilities, and at long-term acute care centers
- Orders and interprets imaging and laboratory data and adjusts treatment plans, medications, and dialysis prescriptions appropriately
- Completes screening and evaluation of patients for research trials
- Transplant coordinator: ensures patients are referred to transplant, ensures patients complete their transplant evaluation, and manages post-transplant care
- Provides individualized education to patients and their family members

Saint Anthony Central Hospital

Lakewood, CO

Registered Nurse: Cardiac-Surgical Intensive Care Unit

October 2017-January 2024

24-bed intensive care unit, Level I Trauma Center, focus on critically ill cardiac and medical-surgical patients

- Provided nursing care and applied critical thinking skills at a 2:1 or 1:1 patient-to-nurse ratio
 - Cared for mechanically ventilated patients and assisted in rapid sequence intubations
 - Recovered postoperative cardiothoracic, vascular, and general surgery patients
 - Titrated vasoactive medications by interpreting vital signs, Swan-Ganz catheters, and flow trac
 - Managed patients requiring continuous renal replacement therapy (CRRT), Swan-Ganz catheters, arterial catheters, and ventricular assist devices; Impella, intra-aortic balloon pump (IABP)
 - Specialized training: CCRN certified, CRRT, NIHSS, Impella, IABP, 12-lead ECG, cardiac-surgical advanced life support, resource RN, STEMI alert responder, epicardial and transvenous pacemakers
- Cultivated the professional growth of fellow nurses through role as an open-heart preceptor and preceptor of student RNs, new graduate RNs, and new-hire RNs

Educator:

- Taught Caring for the Open-Heart Patient to RNs August 2020-June 2023
- Taught Basic ECG to RNs, ECG technicians, and telemetry technicians August 2019-October 2022

Facilitator: Centura Health Critical Care Residency Program

August-December 2019

- Taught cardiovascular and vasoactive material to ICU residents
- Mentored ICU residents and promoted development of critical thinking skills
- Evaluated RNs' progress throughout residency, developed and implemented improvement plans, and managed resident's schedules and preceptor assignments

Saint Anthony Central Hospital

Lakewood, CO

Registered Nurse: Progressive Care Unit

September 2016-October 2017

16-bed inpatient step-down unit, Level I Trauma Center, focus on intermediate care patients

- Provided nursing care and applied critical thinking skills at a 3:1 patient-to-nurse ratio
- Fulfilled the role and responsibilities of charge nurse and preceptor of new-hire and student nurses
- Acted as the secretary of the Unit Based Council and member of the CAUTI prevention council

National Jewish Health

Denver, CO

Registered Nurse: Adult Outpatient Cardiology Clinic

May 2016-October 2016

Assess, plan, implement, and treat patients in the clinical nurse environment

- Formulated individualized patient teaching plan; evaluated and documented the patient's response
- Refilled prescription requests per written MD orders and per National Jewish protocol and nursing judgment
- Educated patients on upcoming examinations, coronary CTAs, echocardiograms, and nuclear stress tests

*Swedish Medical Center**Englewood, CO***Registered Nurse: Medical Telemetry**

June 2015-August 2016

54-bed inpatient step-down unit, Level I Trauma Center, focus on medical-surgical and telemetry patients

- Delivered nursing care and employed critical thinking skills at a 4:1 patient-to-nurse ratio in a total care setting
- Precepted student nurses and new-hire nurses

Education

*University of Colorado, College of Nursing, Anschutz Medical Campus**Aurora, CO***Master Degree of Science: Nursing**

August 2020-May 2023

- Adult Gerontology Primary Care Nurse Practitioner specialty
- GPA 3.98

*Denver School of Nursing**Denver, CO***Bachelor Degree of Science: Nursing**

April 2013-December 2014

- *Summa Cum Laude*, GPA 3.90
- 5 President's List and 2 Dean's List Awards for Academic Excellence

*University of Colorado at Boulder**Boulder, CO***Bachelor Degree of Arts: Integrative Physiology**

August 2007-December 2011

Awards & Achievements

- Recipient of the *Daisy Team Award* January 2021
- Employee of the month, cardiac-surgical intensive care unit October 2019
- Recipient of the *Daisy Award* November 2018
- Recipient of the *Daisy Award* October 2017