
Rachel Lynn White, MSN, AGNP-C

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Professional Work Experience

Kidney Associates of Colorado

Denver, CO

Nephrology Nurse Practitioner

March 2024-Present

Focus on chronic kidney diseases as well as acute renal dysfunction in the acute care setting

- Assesses, diagnoses, and treats renal disorders in the clinical setting and at dialysis units, inpatient rehab facilities, and at long-term acute care centers
- Orders and interprets imaging and laboratory data and adjusts treatment plans, medications, and dialysis prescriptions appropriately
- Completes screening and evaluation of patients for research trials
- Transplant coordinator: manages referrals to transplant, ensures patients complete their transplant evaluation, and manages post-transplant care
- Provides individualized education to patients and their family members

Saint Anthony Central Hospital

Lakewood, CO

Registered Nurse: Cardiac-Surgical Intensive Care Unit

October 2017-January 2024

24-bed intensive care unit, Level I Trauma Center, focus on critically ill cardiac and medical-surgical patients

- Provided nursing care and applied critical thinking skills at a 2:1 or 1:1 patient-to-nurse ratio
 - Recovered postoperative cardiothoracic, vascular, and general surgery patients
 - Specialized training: CCRN certified, CRRT, NIHSS, Impella, IABP, 12-lead ECG, cardiac-surgical advanced life support, resource RN, STEMI alert responder, epicardial and transvenous pacemakers
- Cultivated the professional growth of fellow nurses through role as an open-heart preceptor and preceptor of student RNs, new graduate RNs, and new-hire RNs

Educator:

- Taught Caring for the Open-Heart Patient to RNs August 2020-June 2023
- Taught Basic ECG to RNs, ECG technicians, and telemetry technicians August 2019-October 2022

Facilitator: Centura Health Critical Care Residency Program

August-December 2019

- Taught cardiovascular and vasoactive material to ICU residents
- Mentored ICU residents and promoted development of critical thinking skills
- Evaluated RNs' progress throughout residency, developed and implemented improvement plans, and managed resident's schedules and preceptor assignments

Saint Anthony Central Hospital

Lakewood, CO

Registered Nurse: Progressive Care Unit

September 2016-October 2017

16-bed inpatient step-down unit, Level I Trauma Center, focus on intermediate care patients

- Provided nursing care and applied critical thinking skills at a 3:1 patient-to-nurse ratio
- Fulfilled the role and responsibilities of charge nurse and preceptor of new-hire and student nurses

National Jewish Health

Denver, CO

Registered Nurse: Adult Outpatient Cardiology Clinic

May 2016-October 2016

Assess, plan, implement, and treat patients in the clinical nurse environment

- Formulated individualized patient teaching plans; evaluated and documented the patient's response
- Refilled prescription requests per written orders, per National Jewish protocol, and nursing judgment
- Educated patients on upcoming examinations, coronary CTAs, echocardiograms, and nuclear stress tests

Swedish Medical Center

Englewood, CO

Registered Nurse: Medical Telemetry

June 2015-August 2016

54-bed inpatient step-down unit, Level I Trauma Center, focus on medical-surgical and telemetry patients

- Delivered nursing care and employed critical thinking skills at a 4:1 patient-to-nurse ratio in a total care setting
- Precepted student nurses and new-hire nurses

Education

University of Colorado, College of Nursing, Anschutz Medical Campus

Aurora, CO

Master Degree of Science: Nursing

August 2020-May 2023

- Adult Gerontology Primary Care Nurse Practitioner specialty
- GPA 3.98

Denver School of Nursing

Denver, CO

Bachelor Degree of Science: Nursing

April 2013-December 2014

- *Summa Cum Laude*, GPA 3.90
- 5 President's List and 2 Dean's List Awards for Academic Excellence

University of Colorado at Boulder

Boulder, CO

Bachelor Degree of Arts: Integrative Physiology

August 2007-December 2011

Awards & Achievements

- Recipient of the *Daisy Team Award* January 2021
- Employee of the month, cardiac-surgical intensive care unit October 2019
- Recipient of the *Daisy Award* November 2018
- Recipient of the *Daisy Award* October 2017